



St John
Here for Life

First Aid Training

Train with
the experts



First aid training

Ensuring the safety of your staff when there is an emergency is the hallmark of a caring employer. Investing in training your staff with St John will give you the confidence and peace of mind you need.

First Aid Level 1

This course is designed to provide your trained first aiders with the knowledge to recognise life threatening situations and the skills to offer vital assistance to the patient before more experienced help arrives.

Completion of this course qualifies students as a trained first aid person as described in the guidance notes published by the Department of Labour to help employers comply with Health and Safety in Employment legislation.

This course is ideal for first aiders in workplaces and anyone wanting to learn the basics of first aid. It is also the best course for renewing your certificate if it was issued more than 2 years ago.

Duration: 1 day

Price: \$169

NZQA units: 6401, 6402 (or 26551 and 26552 by arrangement)

First Aid Level 2

Teaches the practical skills needed to manage a range of emergencies.

This course is designed to ensure your staff feel truly competent about providing first aid when it is needed. Every student receives a personal manikin and DVD resource to take home, so they can practice CPR and share their skills with colleagues, friends and family. They also receive a St John First Aid Handbook.

Completion of this course qualifies students as a trained first aid person as described in the guidance notes published by the Department of Labour to help employers comply with Health and Safety in Employment legislation.

First Aid Level 2 includes all First Aid Level 1 content and there are no prerequisites required for this course.

Duration: 1.5 days

Price: \$239

NZQA units: 6400, 6401, 6402 (or 26551, 26552 by arrangement)

First Aid Refresher (Also available online)

This course provides a day of practical skills refreshment along with an update on changes to first aid practice.

The course includes practical scenarios and individual workstations so that you can concentrate on updating the skills and knowledge that you need.

This course is suitable for those who require revalidation of their workplace first aid certificate every 2 years because they are a designated first aider.

You will need to have a current first aid certificate to enroll in our first aid refresher. This course can now be completed partly online – check our website.

Duration: 6 hours

Price: \$147

Resuscitation Level 3

This course trains a person to use resuscitation equipment available in the pre-hospital environment.

This short course meets the skills level requirements of the NZ Resuscitation Council's Level 3.

Resuscitation Level 3 is designed for those who need this level of qualification as part of their vocation but is also suitable for any person who has access to more advanced resuscitation equipment. The course can also be used as a refresher/revalidation for Level 3 Resuscitation.

The course is practical and provides ample 'hands on' time with equipment to ensure you are competent in performing a range of resuscitation skills. It is expected that attendees are competent in CPR. If you have not learned or refreshed your CPR skills within the previous 2 years, we strongly recommend you complete a CPR training course before enrolling on this course.

Duration: 4 hours

Price: \$113

Tailored courses: St John can provide courses for groups and businesses at your premises or ours. These courses can be customised to meet your needs. Call us to discuss your requirements.



Pre-Hospital Emergency Care (PHEC)

This course is designed to motivate and train a person to be capable of providing immediate advanced first aid assistance in any situation.

Attendees are trained to a high standard of patient care with both tutor and peer assessments throughout the course.

More than 50% of the course is practical, which enables attendees to gain the confidence and competency to use the various techniques taught throughout the course.

Familiarisation of basic emergency care equipment is included along with a focus on airway care and respiratory support.

Duration: 3 days

Price: \$649

NZQA units: 14473, 25411, 25412

Pre-Hospital Emergency Care Refresher

This course is designed to refresh skills and knowledge for people involved in the advanced first aid/pre-hospital emergency care environment.

The course is very practical with scenarios and practice sessions to re-familiarise yourself with pre-hospital emergency care equipment and techniques. There is no formal assessment on this course allowing more time to practice and discuss relevant scenarios.

Duration: 1 day

Price: \$211

Child First Aid

A course recommended for parents, grandparents, family and anyone looking after children. This course is a recognised qualification for home-based Early Childhood Education Services.

This course provides basic first aid skills to deal with life threatening conditions, child CPR and an understanding of serious medical and trauma conditions that may affect children up to 8 years.

Duration: 4.5 hours

Price: \$69

NZQA unit: 25459

Basic Life Support

This Basic Life Support Course teaches essential life-saving skills.

This course is ideal for anyone who wants to learn CPR, while also covering the management of choking, bleeding and serious bleeding. It is assessed and can lead to an NZQA unit standard.

Duration: 41/4 hours

Price: \$95

NZQA unit: 6402 (or 26551 by arrangement)

Prices current as at 1 March 2014. Prices are subject to change without notice. All prices are per person and include GST.

Why a St John First Aid course?

- All of our tutors hold pre-hospital emergency care qualifications or higher and are experienced in operational ambulance or first aid work.
- Category 1 training provider.
- We are New Zealand's largest provider of pre-hospital care, providing over 89% of New Zealanders with an ambulance service.
- We are registered with NZQA and offer a range of NZQA unit standards.
- Our flagship First Aid Level 2 course is the only first aid course in New Zealand that includes a "take home" CPR manikin, DVD and first aid manual (public courses only).
- We provide scheduled courses throughout New Zealand but can also provide groups and businesses with flexible delivery options.

Keep up to date with St John

Subscribe to our e-newsletter for the latest on first aid training and kits, competitions and useful first aid tips.

Simply click the link on our homepage

www.stjohn.org.nz

Are you prepared?

We make kits for every purpose, from single-person portable kits to large kits for high-risk workplaces. Each kit has been expertly compiled to suit its purpose – simply select the right kit for your situation. We also sell replacement items, so that your kit can always be fully-stocked and up-to-date: www.stjohn.org.nz/shop

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