

Supporting the independence of older adults



Age presents many hurdles. Holding onto independence shouldn't be one of them.

Staying in your own home, staying healthy and active, and living life on your own terms is important to the ongoing mental health and well-being of older adults.

However, with age comes health problems which can often create fear, preventing older adults from living their lives to the full.



The fear of losing independence is one of the main reasons older adults don't reach out.

If someone is at risk of having a fall or accident, has a medical condition, or lives alone, their life could be at risk. Asking for help in times of need is often something older adults can be a bit hesitant to do.

The next best thing to being there.

If your parent or loved one has an accident or medical event, it can be worrying to think you can't be there should they need you.

A St John Medical Alarm gives them the ability to call for help when they can't get to a phone. Quick response times can help to save lives, reduce hospital admissions and reduce the length of hospital stays.^{1,2} A St John Medical Alarm supports your loved one's independence, giving you both confidence and peace of mind.



A St John Medical Alarm. Help at the push of a button, 24/7.

A St John Medical Alarm is the medical alarm both doctors and nurses are most likely to recommend to their patients.³ At every stage, the wearer of the alarm deals directly with Hato Hone St John, one of New Zealand's most trusted brands.⁴

- › It is the only medical alarm that connects directly to Hato Hone St John.
- › The people who respond to a medical alarm activation are from Hato Hone St John.*
- › The team who install the medical alarm are part of the Hato Hone St John team.
- › On-going service & in home visits are carried out by the Hato Hone St John team.

*Hato Hone St John does not provide emergency services in Wellington or the Wairarapa.



Peace of mind for you. Independence for your loved ones.

A St John Medical Alarm is simple to use:

Push the button

Simply push the button on the pendant or wrist band to activate the alarm and notify Hato Hone St John.



Connect directly to Hato Hone St John

A St John Medical Alarm connects directly to Hato Hone St John so access to expert care is at hand 24/7.

Get the care required

Every medical alarm activation is assessed by Hato Hone St John, and the appropriate help provided. This can be in the form of a clinical telephone assessment by a nurse or paramedic for non-urgent situations. If the situation is critical or life threatening, we will send an ambulance or rapid response vehicle. You can be assured we are there 24/7.

A Range of solutions

Whether it's for home or out and about, we can tailor a solution to meet the needs of your parent or loved one.

A FREE trial is available.



Funding

Funding may be available through Work and Income as part of the Disability Allowance.⁵ This can be discussed with your doctor, or at a FREE in-home demonstration with a Hato Hone St John Medical Alarm Representative.

St John Medical Alarms – it's the next best thing to being there.

Contact us today about starting a FREE trial.

To arrange a FREE in-home demonstration or chat through the options call **0800 50 23 23**.

Learn more at stjohnalarms.org.nz or talk to your doctor or nurse.

TSANZ
Telecare Services Association
New Zealand

References: 1. Roush RE, et al. South Med J. 1995;88(9):917-22. 2. Bernstein M. Manag Care Q. 2000;8(1):38-43. 3. Hato Hone St John data on file. Clarity Insight, June 2022. 4. Readers Digest 2022 Trusted Brands Survey. 5. May not apply to group contracts.