

Chain of survival



HEARTsafe Community
Manawa Ora

Recognise the symptoms

Check for response:
"Can you hear me?"
Check for the pulse



Dial 111

And ask for the ambulance



Commence CPR

Place your hands in the centre of chest
Push down hard and fast 30 times
then give 2 breaths



Attach defibrillator

Follow instructions on the AED



Wait for the ambulance

Continue CPR



Hospital

Patient to be transferred to Hospital care



ASB



Laerdal
helping save lives